

Access to medical advice

Is your company in need of advice from a doctor with knowledge of disease control? Please contact us.

Access to secure transports

Are you in need of secure transportation in these times of uncertainty? Please contact us.

Previously this week

- The Public Health Agency asks Swedes to reduce their domestic travelling and especially to avoid the larger cities of Stockholm, Gothenburg and Malmö.
- Criminals are disguising themselves as WHO to steal money or sensitive information.
- In a rare occurrence, the Swedish Prime Minister broadcasted to the nation to talk about the current coronavirus crisis.
- Increasing frauds where imposters exploit the Coronavirus pandemic.
- Only table service should be allowed at pubs and restaurants in Sweden.

- Large industries such as Volvo AB, Volvo Cars and Scania temporarily closes factories.
- 1177 launches a "corona self test" in order to reduce the pressure on the telephone service.
- The Swedish police fear that closed borders may result in an escalation of conflicts between criminal groupings.
- Beware of the ongoing "Infodemic" about the Corona situation warns Johan Nykvist, CEO of 2Secure.

Highlights today

- The Minister of Labor are advising everyone to join an unemployment insurance fund.
- CERT-SE, which is Sweden's national CSIRT (Computer Security Incident Response Team) are encouraging the public to vigilance and awareness of IT and information security, due to the fact that many work from home.
- The Swedish Prime Minister stated on an extra press briefing today that the Swedish public have to be aware and prepared for the bankruptcy of companies, multiple layoffs and more deaths.
- The Public Health Agency is taking initiative for a cooperation between different actors to increase the test capacity.
- The Public Health Agency will soon be publishing recommendations for sports, stores, private gatherings etc.
- The government have also decided on a prohibition of all public gatherings with more than 50 persons, on the recommendation of the Public Health Authority.

Confirmed cases in Sweden

Monday March 23rd

Blekinge:12 Dalarna: 17 Gotland: 5 Gävleborg: 24 Halland: 59 Jämtland: 49 Jönköping: 56 Kalmar: 12 Kronoberg: 18 Norrbotten: 17 Skåne: 231 Stockholm: 816 Södermanland: 64 Uppsala: 82 Värmland: 39 Västerbotten: 30 Västernorrland: 15 Västmanland: 23

Örebro: 42 Östergötland: 151

Västra Götaland: 254

Total cases: 2016* Total deaths: 25 Friday March 27th

Blekinge: 15 Dalarna: 52 Gotland: 5 Gävleborg: 39 Halland: 70 Jämtland: 60 Jönköping: 70 Kalmar: 19 Kronoberg: 20 Norrbotten: 35 Skåne: 256 Stockholm: 1216 Södermanland: 114 Uppsala: 117 Värmland: 45 Västerbotten: 37 Västernorrland: 21 Västmanland: 31 Västra Götaland: 297 Örebro: 66

Orebro: 66 Östergötland: 221

Total cases: 2806* Total deaths: 92

*The Public Health Agency are advising the healthcare to limit the testing for new potential cases. Their recommendations is only to test people who are in one of the risk categories (age or other existing illnesses). This means that correct number of infected in Sweden will not and cannot be presented.

Individual responsibility

The Swedish departments together emphasizes each person's own responsibility in not contributing to the spread of Covid-19. Recommendations include:

- Stay at home if you are feeling sick, even if you only have mild symptoms. Stay isolated with limited social contact at least 48 hours after your symptoms have ended. If you are able to work from home, do so.
- Limit the social contacts, especially with all who are in the risk categories. These are elderly people and people who are immunocompromised. This is especially important for all medical staff, but also for anyone who might be visiting relatives at hospitals or geriatric care units. If you are to visit anyone at these places, make sure you are in good health with no recent illness such as colds, respiratory illnesses or fever. Avoiding unnecessary visits protects the most vulnerable.
- If you suspect that you might be contaminated you are obliged to take appropriate action to protect others from getting sick. This applies to all contagious diseases.

Updates

Encourage to join unemployment insurance funds

The Swedish Minister of Labor, Eva Nordmark, are encouraging everyone to join an unemployment insurance fund to secure some income during these pressuring times.

- It is important that everyone takes their responsibility, that as an employee, they look over their income security. I urge all employees to join an UIF.

Ban of all public gatherings now down to 50

During an extra press briefing today, the Swedish Prime Minister announced that the government have decided to prohibit all public gatherings of more than 50 people until further notice. It is a provision, not a recommendation. That means that it is a crime to violate the ban. Anyone violating will be fined or imprisoned for up to six months.

Upcoming recommendations

The Public Health Agency have announced that they will soon be publishing recommendations for sports, stores and private gatherings due to the escalating situation.

Further restrictions in the future

The government have also announced that further restrictions is to await if the situation does not decrease in the near future. To minimize the risk of these further restrictions, the public is advised to avoid all non-essential domestic travel and minimize social contacts.

Crimes

Stay safe while working from home

Like we have previously published, many cyber related crimes have increased during the last few weeks. CERT-SE, which is Sweden's national CSIRT (Computer Security Incident Response Team) are now encouraging the public to vigilance and awareness of IT and information security, due to the fact that many work from home. As organizations now become more dependent on technical solutions, it is also important to have a greater ability to detect and manage incidents to minimize the consequences. Some of these preventative measures can be taken by individuals. These recommendations include the following.

- You should not use private equipment for work-related matters unless it has been agreed and
 approved by your employer. Also avoid using private cloud services unless they have been clarified
 by the employer.
- Make sure that the equipment you will be using for work at home is up to date (hardware, operating system, third-party applications and anti-virus signatures).
- All communication with the organization's network and services should be secured, for example, by using VPN.
- Do you have sufficient internet capacity?
- All user accounts should have strong passwords and preferably with two-factor authentication.
- When working at home, the risk of exposing sensitive information increases to a greater extent than when working in the workplace. Be extra aware of the type of information that you handle when working at home and make sure that you can handle it correctly even there.
- To maintain good capacity in your internet connection while you work, disconnect other devices from the network that are not needed for the work eg. streaming services.

Europol have published a guide for how to manage these issues. Access it here.