



## UPDATE Covid-19 2020-04-03

### Access to medical advice

Is your company in need of advice from a doctor with knowledge of disease control? Please **contact us**.

### Access to secure transports

Are you in need of secure transportation in these times of uncertainty? Please **contact us**.

### Emotional crisis support

In stressful times organizations and individuals are under pressure and sometimes assistance is needed. If you feel your personal health is decreasing, you might need urgent help and support. For example, you or one of your employees might have feelings that feel very painful or difficult to manage. However you experience a crisis, it's always OK to ask for help.

2Secure has expertise available 24/7 to assist our clients with crisis support and assistance. If you or your company require assistance, contact your consultant.

### Previously this week

- There is a high pressure on the Intensive Care Units (ICU), mostly in Stockholm.
- Two young people passed away last weekend due to the virus.
- Approximately 36,000 people have lost their jobs so far. 18,000 of these occurred last week.
- The Police are seeing an increasing trend of internet related crimes against minors as a result of them spending more time online due to shutdowns in society.
- Lena Hallengren, Minister for Health and Social Affairs today urged the Swedish population not to travel during the upcoming Easter celebration.
- The Swedish government limits how much medicines one can buy in order to reduce hoarding of medications.
- The Swedish Public Health Agency have published several guidelines for different sectors on how to reduce the risk of further transmission.

## Highlights today

- The emergency agreement for intensive care in Region Stockholm have been activated.
- The Swedish King will address the nation in a speech on Sunday.
- Sweden have reached more than 6,000 confirmed cases and more than 300 deaths.
- Several countries in the EU have introduced export bans on medical equipment to strengthen their own healthcare in the corona crisis.
- Novus are daily publishing a summary of statistics. The latest (from yesterday) are on how people are reasoning in regards to travel during Easter.

## Confirmed cases in Sweden

### Monday March 30<sup>th</sup>

Blekinge: 20  
 Dalarna: 82  
 Gotland: 11  
 Gävleborg: 75  
 Halland: 89  
 Jämtland: 77  
 Jönköping: 109  
 Kalmar: 31  
 Kronoberg: 30  
 Norrbotten: 47  
 Skåne: 279  
 Stockholm: 1806  
 Södermanland: 203  
 Uppsala: 160  
 Värmland: 49  
 Västerbotten: 48  
 Västernorrland: 31  
 Västmanland: 70  
 Västra Götaland: 372  
 Örebro: 86  
 Östergötland: 353

**Total cases: 4028\***

**Total deaths: 146**

**In intensive care: 306**

### Friday April 3<sup>rd</sup>

Blekinge: 27  
 Dalarna: 147  
 Gotland: 12  
 Gävleborg: 147  
 Halland: 114  
 Jämtland: 84  
 Jönköping: 187  
 Kalmar: 46  
 Kronoberg: 45  
 Norrbotten: 73  
 Skåne: 311  
 Stockholm: 2700  
 Södermanland: 398  
 Uppsala: 247  
 Värmland: 53  
 Västerbotten: 80  
 Västernorrland: 58  
 Västmanland: 134  
 Västra Götaland: 509  
 Örebro: 166  
 Östergötland: 578

**Totally: 6078\***

**Deaths: 333**

**In intensive care: 469**

\*The Public Health Agency are advising the healthcare to limit the testing for new potential cases. Their recommendations is only to test people who are in one of the risk categories (age or other existing illnesses). This means that correct number of infected in Sweden will not and cannot be presented.

## Individual responsibility

The Swedish departments together emphasizes each person's own responsibility in not contributing to the spread of Covid-19. Recommendations include:

- Stay at home if you are feeling sick, even if you only have mild symptoms. Stay isolated with limited social contact at least 48 hours after your symptoms have ended. If you are able to work from home, do so.
- Limit the social contacts, especially with all who are in the risk categories. These are elderly people and people who are immunocompromised. This is especially important for all medical staff, but also for anyone who might be visiting relatives at hospitals or geriatric care units. If you are to visit anyone at these places, make sure you are in good health with no recent illness such as colds, respiratory illnesses or fever. Avoiding unnecessary visits protects the most vulnerable.
- If you suspect that you might be contaminated you are obliged to take appropriate action to protect others from getting sick. This applies to all contagious diseases.

## Updates

### Global milestone reached – and so in Sweden

The world surpassed 1,000,000 confirmed cases globally as of this morning, along with 50,000 deaths. As of today, Sweden surpassed 6,000 confirmed cases and also more than 300 deaths in total. Anders Wallensten at the Swedish Public Health Agency said on the press briefing today, that the peak has not yet been reached.

Avoid social contacts, stay at home during illness, keep distance, be careful with hand hygiene, refrain from unnecessary travel and larger social gatherings are once again the advice stated to the public.

### New statistics from Novus

Novus have published statistics on how swedes are reasoning regarding travelling during Easter. People in different parts of the country have answered differently, but approximately 11% that took part in the study will still travel despite the advice not to.

The statistics from yesterday also showed that 314,000 swedes believes that they have had, or currently have, the coronavirus Covid-19. Read more [here](#).

### Emergency agreement have been activated

The emergency agreement for intensive care in Region Stockholm have been activated. There is now a situation that deviates from the norm, which involves serious social disruptions, requires immediate intervention in the region and which has a significant or decisive impact on the personnel supply in regards to the ICU's.

Under these extraordinary circumstances prevailing that there is a crisis situation, the regional board considers that an activation of the crisis situation agreement is necessary to ensure the provision of personnel in intensive care. This means among other things that the salary for these health care workers will be doubled.

### Export bans on medical equipment

Several countries in the EU have introduced export bans on medical equipment to strengthen their own healthcare in the corona crisis. This is despite the agreement within the EU, that shipments of goods and cargo should not be restricted within the union.

## Crimes

### Lack of security in video conference application

Over the past week, a wide variety of security flaws in the popular video conferencing service Zoom have been revealed, including a vulnerability that allows hackers to steal your Windows login.

Now Zoom is announcing that the criticism is being taken seriously and therefore it will be a temporary stop for the development of new features. Instead, over the next 90 days, all focus should be on issues related to security and integrity. In addition to a complete review of the code, you will, among other things, expand its their security considerably.

Due to this reveal, we wish to raise awareness to this issue. This is not a risk isolated to Zoom, it is rather a risk of all platforms alike. Down below, there are some recommendations on how to minimize your risks on Zoom from IDG. Similar measures can be taken on other platforms as well.

- Make sure your meetings are password protected. It is the best way to ensure that only those who have the password can join a meeting. If you are a meeting organizer, go into the settings and make sure "Require a password for instant meetings" is on.
- If possible, make sure not to post about meetings on social media or other public channels. Send invitations by email, Signal, Whatsapp or similar private channels.
- Keep an eye on the list of participants, at least a little now and then. Participants who do not want to attend the meeting can be ejected by the administrator, see below.
- Turn off "Join Before Host" so that you as an organizer have control over the meeting from the start. So no one should be able to join the meeting before the organizer has joined.
- Use the opportunity for "waiting rooms". If you turn on the "Waiting Room", all connecting participants are put in wait mode until the organizer explicitly lets them in. This prevents intrusion even if the attacker has passed past security checks.
- Close the digital door to the room. When everyone who wants to connect has connected, and the meeting is up and running, you can lock the meeting. This means that no one else can connect no matter how much they try. Go into the settings under "Manage Participants" and use the settings to the right of the user interface. Here, as an organizer, you can also turn on / off the participants' sounds and / or pictures, and also throw out participants.

Read more of the advice on IDG's website, found [here](#).